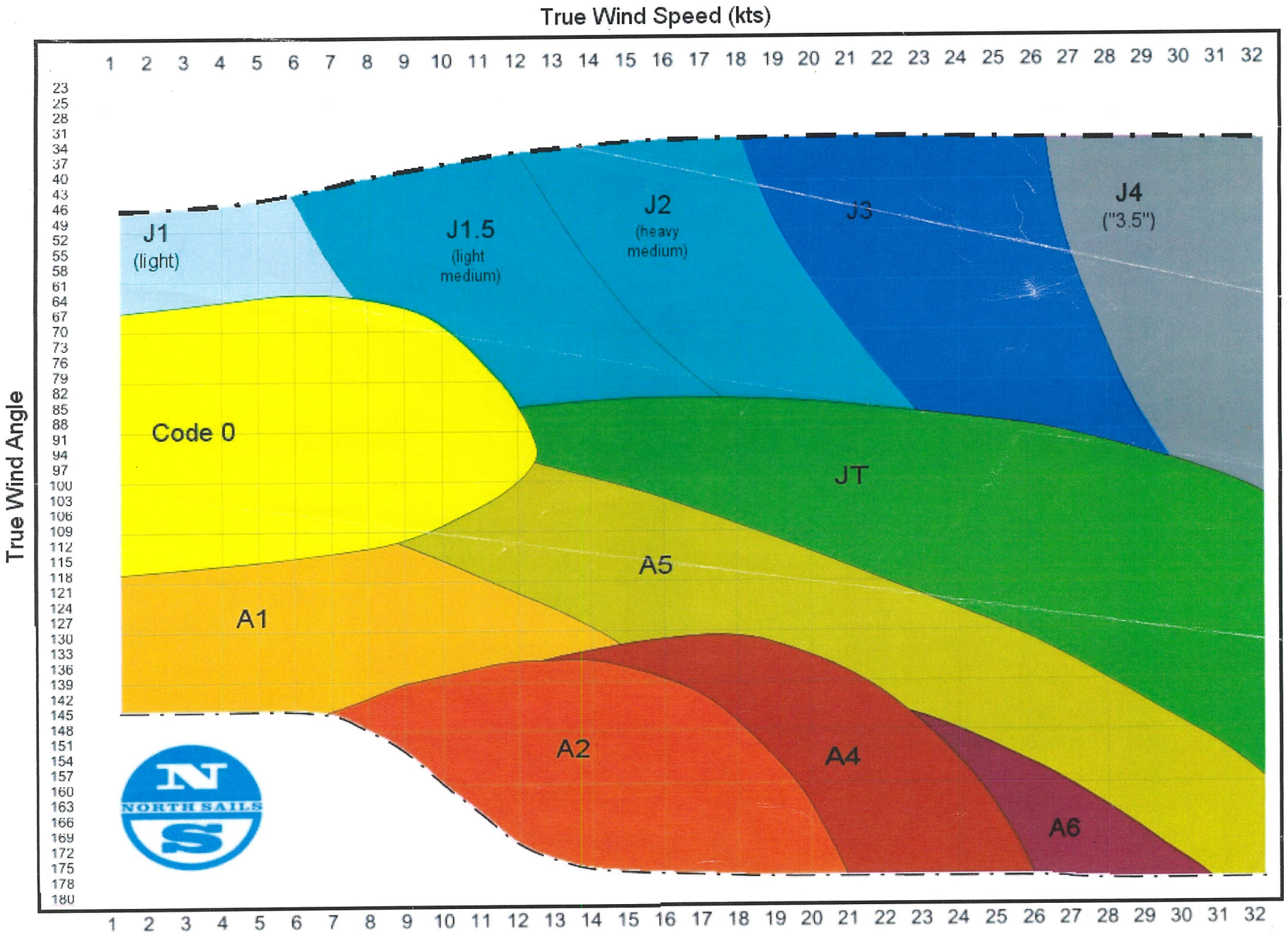PHOSPHORUS GBR5355N sail selection chart